

Beer, BBQ and Bluegrass Itinerary for Asheville – 4 Days

Day 1

Start your Asheville experience with breakfast at **Tupelo Honey Café**, offering new South flavor paired with scratch-made local fare. (www.tupelohoneycafe.com)

Take a scenic and leisurely drive on the **Blue Ridge Parkway** – named “America’s Favorite Drive.” (www.blueridgeparkway.org)

While on the parkway, take a hike on the Mountains-to-Sea trail along the Blue Ridge Parkway.

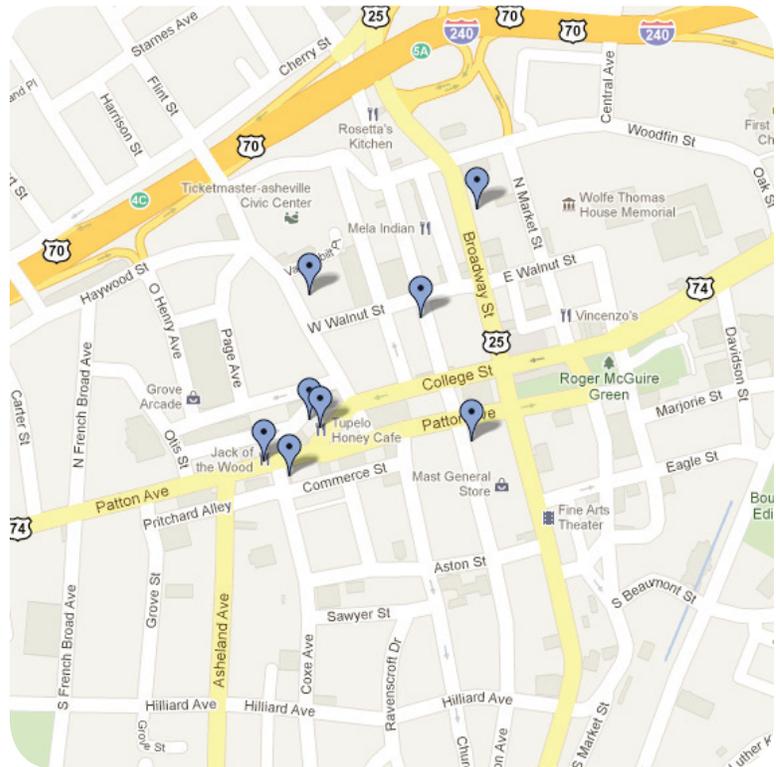
Make a stop for lunch at **12 Bones BBQ**, the first stop during the Obama’s spring 2010 vacation. (www.12bones.com)

Enjoy a locally made micro-brewed beer at **Wedge Brewing Company**, located across the street from 12 Bones. (www.wedgebrewing.com)

Explore the **River Arts District**, which is filled with dozens of working art studios and is the area’s unique arts neighborhood. (www.riverartsdistrict.com)

See the sights of **downtown Asheville**, a place where artists and street musicians converge with tourists and locals for vibrancy rarely found in a city of this size. (www.exploreasheville.com)

Stop by Asheville’s own dedicated beer store, **Bruisin’ Ales**, and pick up a six-pack of local brew, then hop on **LaZoom’s** iconic purple bus and find the funny side of Asheville on a city-wide afternoon comedy tour (Bring your own beer!). (www.lazoomtours.com) & (www.bruisin-ales.com)



Continue on your downtown Asheville excursion with dinner at **Lexington Ave Brewery**. Sample their in-house beers with a paddle flight! (www.lexavebrew.com)

Grab a coffee and piece of Highland Mocha Stout cake at the **French Broad Chocolate Lounge**, known for dangerously good chocolate delicacies. (www.frenchbroadchocolates.com)

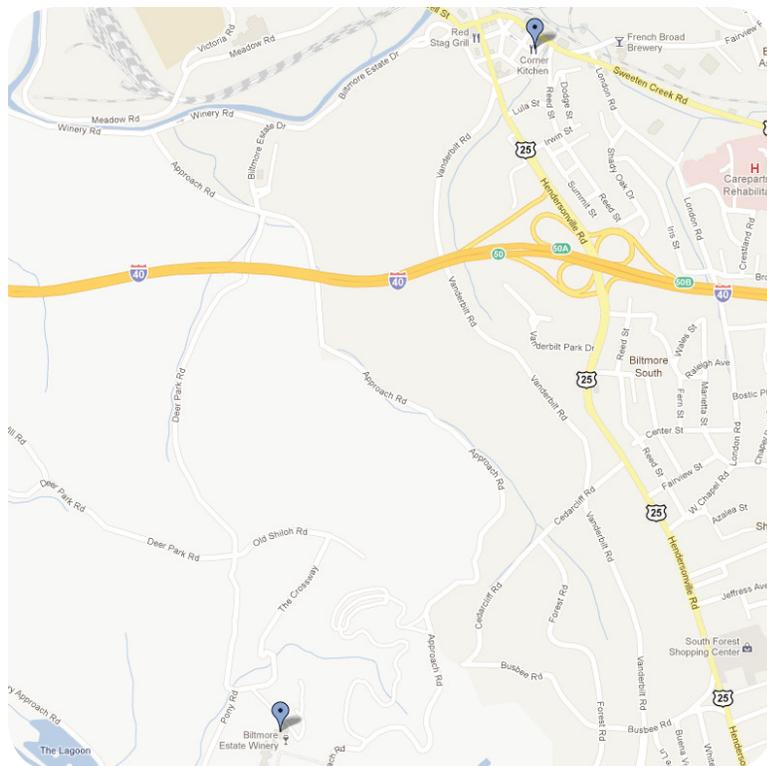
Wander over to **Jack of the Wood**, a local pub that on many nights, you can listen to a local bluegrass jam session. While you're there, try a Green Man Ale. (www.jackofthewood.com)

Day 2

Get your fuel for the day by eating breakfast at the **Corner Kitchen**, located in Biltmore Village and specializing in fresh home-style dishes. (www.thecornerkitchen.com)

Share the wonder of **Biltmore Estate**, the largest privately owned mansion in America, with a priceless collection of arts and antiques original to the Vanderbilt home. (www.biltmore.com)

Explore the spectacular **gardens** on the Estate, which were designed by renowned landscape architect Frederick Law Olmsted, best known for designing Central Park in New York City.



Have lunch at **Cedric's Tavern**, named for George Vanderbilt's beloved St. Bernard, Cedric. While you lunch, enjoy a pint of freshly brewed Cedric's Pale Ale or Brown Ale.

Visit the **Winery at Biltmore**, a truly unique experience. At America's most-visited winery, you can explore, taste and relax.

Experience **Antler Hill Village**, a village that connects the estate's present and past, providing a relaxing place for dining, shopping and historical exhibits.

Depart Biltmore and find out why Asheville has been voted

"Beer City USA" for three years running! Hop on the **Asheville Brews Cruise**, the most unique way to savor the city's fabulous brewing scene. Tour breweries like Highland Brewing and Asheville Brewing Company. (www.brewscruise.com)

Savor local county barbeque at **Luellas BBQ**, known for quality smoked meats and scratch-made sides. (www.luellasbbq.com)

Try an ice cream flavor only found in Asheville - Antebellum Ale* ice cream, infused with local beer from **Craggie Brewing** at **The Hop Ice Cream Shop**. (*Limited availability) (www.thehopicecreamcafe.com)

Celebrate the treasured cultural heritage of the Southern Appalachian Mountains at **Shindig on the Green***, where local bluegrass musicians take the stage at Park Square Park in downtown Asheville. (*Select Saturday nights in summer) (www.folkheritage.org)

Check out the **Thirsty Monk**, a Euro-pub style bar specializing in Belgian style beers and named "one of the world's best beer bars" by multiple Beer magazines. (www.monkpub.com)

Day 3

Start your day off right with breakfast at **Early Girl Eatery**, located in downtown Asheville. (www.earlygirleatery.com)

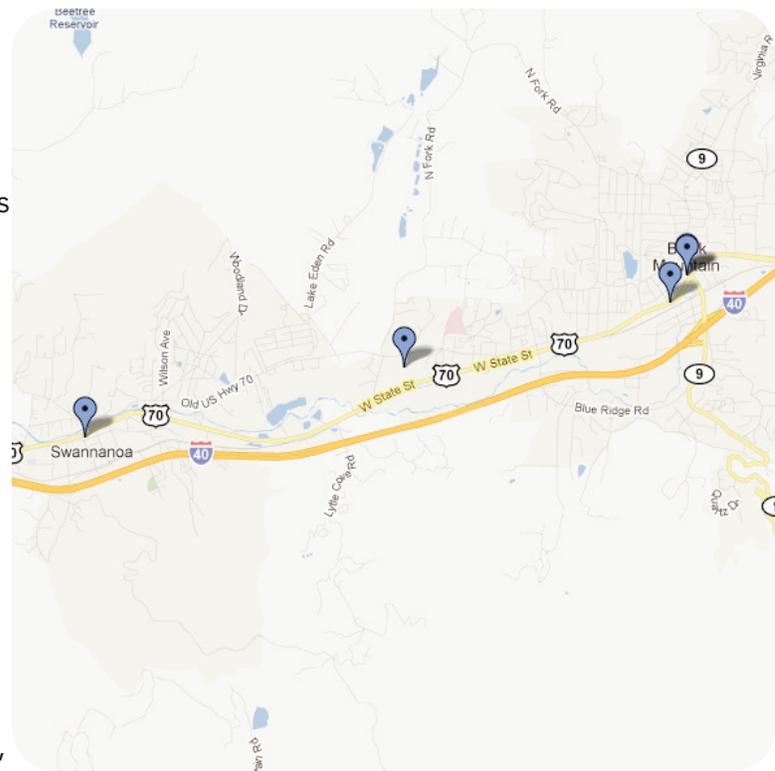
Pamper yourself with spa services by **Sensibilities Spa**, also located in downtown Asheville. (www.sensibilities-spa.com)

Travel east to the Swannanoa/Black Mountain area and enjoy lunch at **Okie Dokie Smokehouse**, a very local down-home style BBQ joint specializing in savory ribs. (www.okiedokiesbbq.com)

Shop and explore in **downtown Black Mountain**, a town with unsurpassed southern hospitality, quaint shops and great food. (www.blackmountain.org)

Take a tour and taste the beer of **Pisgah Brewing Company**, located in Black Mountain and known for Pisgah Pale Ale – a certified organic beer. (www.pisgahbrewing.com)

Experience a bit of Black Mountain history by eating dinner at the **Monte Vista Hotel**, the town's oldest hotel. (www.themontevistahotel.net)



Sample local bluegrass music at **White Horse Black Mountain**, the area's premier music venue, located in the downtown area. (www.whitehorseblackmountain.com)

While out and out, pick up some locally made **BBQ sauce** from your favorite smokehouse. Many establishments bottle and sell their special secret and special blend sauces.

Day 4



Enjoy a fresh breakfast at West Asheville's **Sunny Point Café**, a favorite among locals. (www.sunnypointcafe.com)

See firsthand all that is local at the **WNC Farmers Market**, the area's largest open-air market specializing in local fare like honey, vegetables, handcrafted goods and more. (www.wncfarmersmarket.com)

Enjoy some home cooked BBQ for lunch at the **Moose Café**. Located next to the WNC Farmers Market, the restaurant specializes in local produce and fresh ingredients. (www.eatatthemoosecafe.com)

Take your adrenaline sky high on the mountain tops with a **Zipline Canopy Tour**, one of the area's most popular outdoor activities. (www.navitat.com) or (www.adventureamericaziplinecanopytours.com)

Savor in a coastal meal in the mountains with dinner at **Lobster Trap**, located in downtown Asheville. While there, enjoy an **Oysterhouse Brewing** beer, made at the restaurant. (www.thelobstertrap.biz)

Finish the evening with a beer at **French Broad Brewing Company**, located in Biltmore Village. Catch a local band performing in the brewery. (www.frenchbroadbrewery.com)

Before you leave, make sure to stop by the **Asheville Visitor Center** and pick up a bottle or two of Crooked Condiments mustard - made with local beer! (www.exploreasheville.com)